


Breakfast & Lunch  
Menu



EHS, AMMS and EES  
September 2025



September

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Labor Day Holiday</b> 2	<b>Breakfast</b> Steak Biscuit/ Grits Fruit <b>Lunch</b> Chicken Parmesan/Pasta or Pizza Green Beans Roll/ Romaine Salad w/Dressing 3	<b>Breakfast</b> Sausage Biscuit Fruit <b>Lunch</b> Beef Nachos on Chips/Salsa or Quesadilla Pinto Beans Romaine Salad w/Dressing 4	<b>Breakfast</b> Ham & Cheese Croissant Fruit <b>Lunch</b> Cheesy Chicken or Hot Dog Rice Steamed Broccoli/ Roll 5	<b>Breakfast</b> Scrambled Eggs/Hashbrowns Fruit <b>Lunch</b> Chicken Bites or Deli Hoagie Sweet Potato Baby Lima Beans/ Roll 6
<b>Breakfast</b> Breakfast Pizza Fruit <b>Lunch</b> Meatball Sub or Breaded Chicken Sandwich Sweet Potato Fries/Green Beans 9	<b>Breakfast</b> Ham Biscuit Fruit <b>Lunch</b> Oven Fried Chicken or Deli Hoagie Cabbage/ Blackeyed peas Cornbread 10	<b>Breakfast</b> Cheese Toast/ Sausage link Fruit <b>Lunch</b> Salisbury Steak/ gravy or Pizza Butter Beans/ Creamed Potatoes Romaine Salad w/Dressing/ Roll 11	<b>Breakfast</b> Waffle Sticks w/Syrup Fruit <b>Lunch</b> BBQ Potato/with cheese or Cheeseburger Baked Potato/ Broccoli Roll 12	<b>Breakfast</b> Sausage Biscuit Fruit <b>Lunch</b> Chicken Tenders or Hot Pocket Rice/ English Peas and Carrots Romaine Salad w/Dressing 13
<b>Staff Planning/ Development Day</b> 16	<b>Breakfast</b> Chicken Biscuit Fruit <b>Lunch</b> Fajita Chicken Wrap/Salsa or Pizza Crunchers Black Beans Romaine Salad w/Dressing 17	<b>Breakfast</b> Mini Pancakes Fruit <b>Lunch</b> Spaghetti w/Meat Sauce or Hot Dog Green Beans Garlic Toast Romaine Salad w/Dressing 18	<b>Breakfast</b> Cinna-Minis Fruit <b>Lunch</b> Chicken Bites or Cheeseburger Mac and Cheese Glazed Carrots Roll 19	<b>Breakfast</b> Scrambled Eggs/Hashbrowns Fruit <b>Lunch</b> Crispito (2) w/ Cheese Dip/Salsa or PB&J Uncrustable Pinto Beans, Corn Romaine Salad w/Dressing 20
<b>Breakfast</b> Mini French Toast Fruit <b>Lunch</b> Country Steak w/Gravy or Chicken Sandwich Creamed Potatoes Green Beans/Roll 23	<b>Breakfast</b> Oatmeal/ Toast Fruit <b>Lunch</b> Sweet & Sour Chicken Deli Hoagie Fried Rice/English Peas Stir Fry Veggies/ Roll 24	<b>Breakfast</b> Sausage Biscuit Fruit <b>Lunch</b> BBQ Chicken or Corn Dog Bites Turnip Greens Black-eyed Peas/ Cornbread 25	<b>Breakfast</b> Breakfast Burrito Fruit <b>Lunch</b> Steak Fingers or Pizza Sweet Potato Fries Corn/Roll Romaine Salad 26	<b>Breakfast</b> Breakfast pancake on a Stick Fruit <b>Lunch</b> Cheeseburger or Quesadilla French Fries Baked Beans Animal Crackers 27
<b>Breakfast</b> Cheese Omelet Fruit <b>Lunch</b> Hot Ham & Cheese Hoagie Breaded Chicken Sandwich Broccoli w/Cheese Baked Beans 30			Available daily: 	Variety of Milk with Breakfast and Lunch Fruit served daily with Breakfast and Lunch 