



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- ☐ a copy of the most recent triennial assessment, along with supporting documentation
- ☐ a copy of the current and previous board approval of the policy
- ☐ documentation demonstrating the policy has been made available to the public
- ☐ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Eufaula City Schools Board of Education

Month and year of current assessment: May 2023

Date of last Local Wellness Policy revision: August 2017

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.eufaulacityschools.org

Wellness Committee Information

How often does your district wellness committee meet? 1x/year

District Wellness Coordinator

Name	School	Job Title	Email Address
Debbie Ludlam	EHS	CNP Manager	Debbie.ludlam@ecsk12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Dena Fortson	CO	CNP Director	Dena.fortson@ecsk12.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Emily Jackson	EHS	Principal	Emily.jackson@ecsk12.org
Sean Clark	AMMS	Principal	Sean.clark@ecsk12.org
Tara Sneed	EES	Principal	Tara.sneed@ecsk12.org
Tina Richards	EPS	Principal	Tina.richards@ecsk12.org
Tera Scott	ELC	Principal	Tera.scott@ecsk12.org
Paula Leverette	EPS	PE teacher	Paula.leverette@ecsk12.org
Melissa Benefield		Parent	Melissa.benefield@ecsk12.org
Carly Wilbourne	ELC	Nurse	Carly.wilbourne@eck12.org
Kaley Hicks		Community Member	kturchhh@gmail.com
Barbara Jones	EHS	CNP Manager	Barbara.jones@ecsk12.org

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☒ Alliance for a Healthier Generation Model Policy
- ☐ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Our policy includes:

- promotion goals
- nutrition education goals
- physical activity & education goals
- nutrition guidelines for all foods available to students
- other school-based activities goals

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p> <p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>Describe progress and next steps:</p> <p>All snacks that are purchased are Smart Snack compliant.</p> <p>Principals schedule activities outside of the hour timeframe.</p> <p>All students have access to school meals. Meals are not refused to any student(s) who may not have the cost of the meal. We participate in the CEP program where all students receive the same offering for a reimbursable meal at no cost to the student.</p>
<p>Access to free potable water on campus</p> <p><u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>Describe progress and next steps:</p> <p>Safe drinking water is available through-out each campus and in the cafeterias by the way of water fountains and filtered water dispensers.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p><u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></p> <p>If applicable, list additional school goals below:</p>	<p>Principals and staff are aware of the 1 hour timeframe rule. Activities have designated times in which they are allowed to happen that doesn't interfere with the rule.</p>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>The Breakfast and Lunch menus are announced daily; menus are posted on social media. The USDA Smart Snack Standards are available on our website.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <p>Football, basketball, baseball, softball, track, soccer, cheerleading, band</p>	<p>All student's schedules include physical activity. There are numerous extra-curricular activities available to all students.</p> <p>Activities include: Football, basketball, baseball, softball, volleyball, soccer, cheerleading, band, golf, fishing, tennis, cross country, track, ROTC, show choir and physical education classes.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <p>Menus Announcements Class activities Extra-curricular activities</p>	<p>Menu's are posted on social media as well as in the school lunchrooms. Smart Snacks are offered to students. Meals and a la carte items in the cafeteria meet USDA standards. Teachers and staff encourage healthy food/snack choices. Teachers and staff include class activities that relate to nutrition education. Coaches are encouraged to teach nutrition lessons during sports workouts/practices.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> <p>EDP Reading Programs 4-H Programs Auburn Extension Service Programs</p>	<p>All school-based programs integrate wellness activities into curriculum.</p>

CHECKLIST:

Triennial Assessment was made public:

Date: 6/30/2023

Updated Wellness Policy received Board approval: (if applicable)

Date: NA

Wellness Policy was made public:

Date: 8/22/2017

SIGNATURES:


District Wellness Assessment Leader

PRINT NAME: Dena Fortson

DATE: 6/30/23


District Wellness Coordinator

PRINT NAME: Debbie Ludlam

DATE: 6/30/23


Superintendent

PRINT NAME: Patrick J Brannan

DATE: 6/30/23